

Prayer Motivation – The Spirit of Prayer

The purpose of this document is to motivate prayer. I have noticed that people who like to do things also love to talk about what they do with people of similar interest. In other words, they like to share what is on their heart with kindred spirits. I have also noticed that the people who are very good at something are also very teachable or meek concerning that thing. In other words, they love the process and are open to learn more about it. Some people love to pray. To them, prayer is the simplest thing in the world, and at the same time a process they are motivated to continually improve. In other words, the process is not complicated, but there is no end to its perfection. The more we learn about it, the easier it gets, and the more we want to do it. The more we do it, the more we realize there is more to learn about it. I think anything we like to do is like this. In other words, we do what is on our heart, and about this we love to talk with kindred spirits.

Kindred Spirits

I love to pray. I also love to play high level fastpitch softball and ski race. So my kindred spirits in those sports are people who never quit wanting to learn more about their sport. In those sports, I have been around some of the best, and I have noticed that knowing they have not perfected their knowledge they are very humble. In other words, they have reason to listen to kindred spirits. For prayer, one of my kindred spirits is [William Law](#).

William Law

William Law loved to pray and wrote about prayer motivation in a book called [Spirit of Prayer](#). I especially like to [listen to Chapter One of Spirit of Prayer](#) which lays out the fundamentals of praying. Like in sport, it always comes back to the fundamentals. Fundamentals are easy, but you can never perfect them. In prayer it always comes back to Genesis.

Prayer Motivation Fundamentals-The Spirit of Prayer

We are motivated by prayer fundamentals. They are simple, but we never quit learning about them. For example: in prayer we examine our heart. That is simple, but the more we do it the more we learn how to improve the process: how the examination lamp works, what we can do to turn it up, and how to define, measure or classify what we find on our heart as faith. Through prayer, we live by a desire called faith. Knowing what we desire, we then sacrifice our desire (faith) to God (the Father in the name of his Son) allowing the refining fire of the Holy Spirit access to our heart. A desire is not belief. Our job is to open our heart and beseech God for our hearts desire. In time as we beg for the faith placed on our heart, God will give us belief. We will know we believe when from us comes unforced praise his deed will be done. So, belief comes as a gift from God through prayer.